



CERTIFICATE OF PARTICIPATION

This is to certify that

Ross Lacy Chapman

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 03:24:00

PACE 04:51/km
OVERALL 19 of 834

GENDER 16 of 563
**SENIOR (20- 13 of 291
39)**

08 July 2023, Sat

Date



BoutTime

Signature

